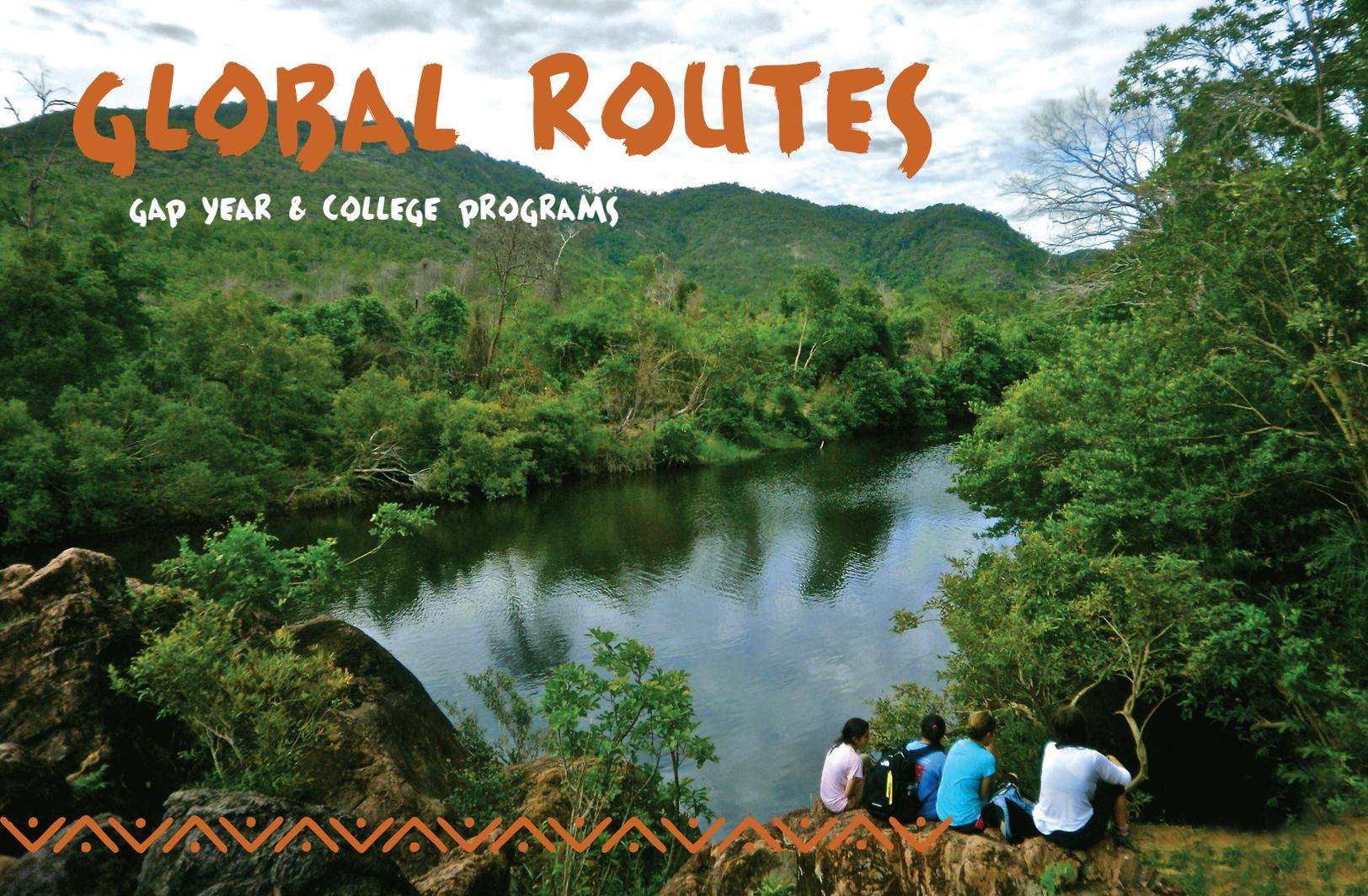


# GLOBAL ROUTES

GAP YEAR & COLLEGE PROGRAMS



**WE BELIEVE IN...**

CELEBRATING THE NATURAL WORLD  
THE JOURNEY OVER THE DESTINATION

**THE GROUP**

FARMER TANS & STRONG ARMS  
THE HUMOR OF STUMBLING YOUR WAY THROUGH A SECOND LANGUAGE

SPONTANEOUS DANCE PARTIES  
**THE INDIVIDUAL**

THE JOY THAT RESIDES IN SERVING OTHERS





... WE ARE GLOBAL ROUTES





**YOU ARE MORE THAN A TRAVELER,  
YOU HELP STRENGTHEN OUR  
GLOBAL COMMUNITY.**

**As peoples of the world become increasingly interdependent we must all recognize that we live in a global community. The future of this community depends upon our self-knowledge as well as upon mutual understanding and respect among diverse cultures.**

Global Routes deepens these roots of our shared community as we foster personal and international development. Undertaking voluntary work overseas allows North American youth the opportunity to push past stereotypes and misconceptions to build strong relationships and self-understanding, as well as buildings.

## CROSS-CULTURAL IMMERSION

Global Routes brings people with different worldviews together in order to foster a strong global community. We believe that the best way to create meaningful cross-cultural relationships is through immersion in small, rural communities abroad. Living and working with people throughout the world challenges both you and local community members to step outside of your boundaries and open your hearts and minds to new people and cultures.

## COMMUNITY SERVICE AND TEACHING INTERNSHIPS

Our two program models are designed to integrate you into the daily rhythms of life in a host community by working alongside locals in various capacities.

**Teaching Internship Programs:** Extended community immersion by staying put in one local community, you have an incredible opportunity to make meaningful, long-lasting connections. You and a fellow group member collaborate with local teachers to teach English, math, science, or any number of other subjects in a rural primary or secondary school. You may also coach sports, tutor, or lead art and music workshops. This internship does not require mastery to teach, only a genuine and humble passion for helping others to learn. Enjoy the supported independence of living with your own host family and establishing a daily schedule of your own activities and responsibilities.

**Community Service and Teaching Internship Programs:** A balance of community immersion and inter-country travel. Explore the great variety of landscapes and cultures in several different countries in the region and take the time to hang up your travel shoes in two different local, rural communities. In your first host community, your group collaborates with community members on a service project they have selected. Typically these projects are construction-based with plenty of chances to use your hands and physical strength to help build something as useful as a school classroom, community center, playground, or soccer field. In the second half of the program, you and one fellow group member take your newfound knowledge and confidence with you to a new host community. Enjoy a bit of independence from the larger group as you live with your own host family and collaborate with your fellow group member and local teachers to teach English, math, science or any other number of subjects in a rural primary or secondary school.

## ORIENTATION

All of our programs begin with an in-country orientation designed to orient you to your surroundings through safaris, rainforest excursions, visits to ancient ruins, or multi-day treks. The orientation also focuses on learning a new language and cultural traditions, introducing you to your group and leaders, and giving you the knowledge and support you need to dive into your cultural immersion experience in your host communities.

## HOMESTAYS

The greatest highlight for many of our students is the homestay that runs parallel to the community service project and the teaching internships. Whether you live with your own host family or together with a fellow group member, you come home after a solid day's work to smiles, curiosity, and excitement. Prepare dinner with your host mother, teach your host brother a few words of English, or journey to the family farm. As you spend time together, you learn an incredible amount about the challenges and joys of life in the village and form relationships that will not soon be forgotten.

## TRAVEL ADVENTURES AND DEBRIEF

In all of our programs, there is ample opportunity for adventure! During a mid-program break, occasional weekends, and the final week of the program, you travel with your group to unique parts of the country or neighboring countries to explore a new culture, natural landscape or have an exciting adventure. Time spent enjoying the beaches, jungle, or coastal waterways of a place you have come to love is also the perfect space for reflecting on your experiences, celebrating your great contributions and discoveries, and eventually preparing for your return home.

## GROUP SIZE AND LEADERSHIP

Our gap and college programs have a maximum of 12 students per group, one or two leaders and two to three in-country support staff.



# SOUTH AMERICA

## HIGHLIGHTS:

**Explore the rainforest of the Amazon river basin** by foot and canoe and tuck away in an Ecologue in the Madidi National Forest.

**Collaborate with your group and host community** on a service project.

**Kayak on Lake Titicaca**, the world's highest navigable lake.

**Trek Peru's Sacred Valley** and watch the sun rise over Machu Picchu, the "Lost City of the Incas."

**Experience the independence** of teaching in a local school.

**Improve your Spanish** by helping your host mother make empanadas, visiting with your new neighbors, or teaching children how to play duck duck goose.

**Discover the Galapagos Islands** by land and sea as you snorkel alongside sea lions, hike the craters of the Sierra Negro and Chico volcanoes, and soak up the sun on white-sand beaches.

# CENTRAL AMERICA

## HIGHLIGHTS:

**Zip line, rappel, and hike through the remote cloud forests** of Chirripo National Park.

**Teach English** or other subjects to children in a local school.

**Improve your Spanish** by working along your host family in their garden, chatting with your new neighbors, or teaching children how to play duck duck goose.

**Whitewater raft** the Rio Pacuare through deep canyons and lush tropical rainforest.

**Relax, swim and take surfing lessons** in the warm waters of the Pacific Ocean.

**Snorkel** along the craggy shores of the Corcovado National Park.

# EAST AFRICA

## HIGHLIGHTS:

**Safari** through Kenya's Great Rift Valley and track chimpanzees in Uganda's Budongo Forest Reserve.

**Collaborate with your group and host community** on a service project.

**Experience the independence** of teaching in a local school.

**Learn to cook** *ugali* and *sukumaweeki* and speak Luhya and Swahili with your host mother during authentic African village experiences.

**Raft the mighty Nile River** and journey past hippos and crocodiles to reach the great Murchinson Falls.

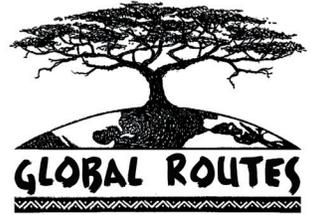
**Explore the 'spice' isle of Zanzibar** as you walk the narrow alleyways of Stone Town and sail the clear waters of the Indian Ocean in a wooden *dhow*.

## CONTACT US

We enjoy speaking with you. Please call or email our office with your specific interests or questions.

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