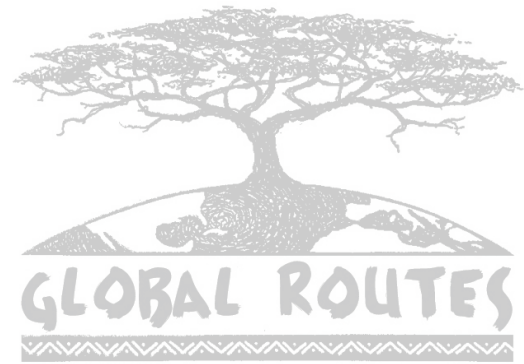


INDIA

PILGRIMAGE THROUGH TIME



India boldly reaches out to entice, incite and enliven the senses with exotic spices, silken fabrics, cow-studded streets, sacred offerings, profound stillness and constant commotion. Like no other place on the planet, India has inspired seekers, adventurers and, over the centuries, the creation of world religions. This vibrant democracy is home to over one billion people who live, work, pray and haggle in 22 distinct languages. Immerse yourself in a small village and come prepared to laugh, to teach, to learn and to celebrate.

“I loved the group dynamic and how reflective we all were with help from our leaders.” -Julie Alvarez, India 2011

HIGHLIGHTS

Explore the **Indian wilderness** through team adventures in obstacle courses, vine traversing or parallel rope walks, and an incredible hike with stunning views.

Soak up the **artistic charisma of Mysore** through visits to the local market and Maharaja’s Palace, a sunrise hike to a Hindu temple, and traditional yoga classes.

Collaborate with an **Indian development organization** and local villagers on education and community projects.

Whitewater raft Kerala’s bewitching backwaters.

Relax on the **wide, sandy beaches of India’s southern coast**.



INDIA DETAILED ITINERARY

IN-COUNTRY ORIENTATION

Your South Asian journey sets off in an adventure camp nestled in the rocky hills outside of Bangalore. Nights sleeping in huts beneath a vast and starry sky complete days spent getting up close and personal with this incredible landscape through hikes, obstacle courses, parallel rope walks, or the ever-unique jumpering. Cool off in the afternoon by taking a dip in the waters of the camp's cool pond. Next, move from the quiet of the natural outdoors to the bustling spiritual and cultural center of Mysore. Take a pilgrimage to the famous Hindu temple of Chamundi Hill. Meander at dusk through the illuminated grounds of the Maharaja's palace and enjoy classes in yoga or traditional dance. Speak your first words of Kannada, taste the delicacies of South Indian rice dishes served on banana leaves and purchase sweet guavas in one of the world's most colorful fruit and vegetable markets.

COMMUNITY SERVICE AND CULTURAL EXCHANGE

From the vibrancy of India's wilderness, temples and cities, you now travel into its rural heartland. For the next two weeks you and your group live with families of a small agricultural village in Karnataka State. Here the homes are simple and rustic and the people warm, welcoming and generous. Learn to play cricket, wear the traditional sari or dhoti, and engage in rituals of daily life that resonate with ancient spirituality. Teach arts or sports to local children, plant trees to support sustainable fuel production, participate in a needed construction project, paint a mural, or give community performances to promote important health initiatives. Share your energy and creativity with children who are sure to inspire you, humor you and warm your heart.

TRAVEL ADVENTURES

Your village sends you off with a farewell party and a tearful goodbye before you travel to the serene state of Kerala. Wander through the beautiful city of Cochin, home to India's oldest church and a 500-year old synagogue, watch a traditional Kathakali dance, and plunge into India's backwaters on a white water raft. Your last days are spent relaxing on the beach, watching fisherman cast nets into the distant sea, and preparing for your return home.

THE BASICS

Dates: TBD.

Starting/Ending Point: Bangalore, India

Program Fee: TBD, depending on group size.